



# Person Centred Counselling (Dr Elizabeth Ann Diamond Book 3)

*Elizabeth Ann Diamond*

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**Person Centred Counselling (Dr Elizabeth Ann Diamond Book 3)** Elizabeth Ann Diamond  
Person Centred Counselling. This e book is about defining counselling, exercise on listening, essential personal qualities for counselling, framework of counselling, Egan's 3-stage model, active listening, paraphrasing and summarising, outcomes of counselling & application to working situation. The information this e book contains could be very helpful for healers and therapists working with clients.

## About the Author

Elizabeth has a great love of books, reading and studying, she produces non-fiction personal growth e books with nineteen so far on offer here. Elizabeth has passionately studied whatever subject has interested her, some to the highest level, and along the way has amassed a huge amount of knowledge and understanding. Elizabeth is a Fellow of The Royal Society of Medicine, Founder member of the BPS Special Group in Coaching Psychology & Graduate Member of the British Psychological Society (BPS). Her qualifications include:- Doctor, Master and Bachelor Of Metaphysical Sciences, BSc Honours Degree in Psychology, Post Graduate Certificate - The Challenge of the Social Sciences, Registered Trauma Specialist, Diploma and Advanced Diploma in Nutritional Medicine, Diploma in Nutritional Therapeutics, Diploma in Nutrition, Diploma in Iridology and Diploma in Herbal Medicine.

Elizabeth runs the Festival of Light four times a year in her home town of Weston-super-Mare, Somerset, England where she lives with her grown up sons and greyhounds. Each month she can be found in Glastonbury, Somerset, England, running workshops on many subjects and selling crystals, amulets, symbolic Tibetan silver, colour and healing jewellery.

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