



Principles of Addiction: Comprehensive Addictive Behaviors and Disorders, Volume 1

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Principles of Addiction provides a solid understanding of the definitional and diagnostic differences between use, abuse, and disorder. It describes in great detail the characteristics of these syndromes and various etiological models.

The book's three main sections examine the nature of addiction, including epidemiology, symptoms, and course; alcohol and drug use among adolescents and college students; and detailed descriptions of a wide variety of addictive behaviors and disorders, encompassing not only drugs and alcohol, but caffeine, food, gambling, exercise, sex, work, social networking, and many other areas.

This volume is especially important in providing a basic introduction to the field as well as an in-depth review of our current understanding of the nature and process of addictive behaviors.

Principles of Addiction is one of three volumes comprising the 2,500-page series, *Comprehensive Addictive Behaviors and Disorders*. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions.

- Each article provides glossary, full references, suggested readings, and a list of web resources
- Edited and authored by the leaders in the field around the globe - the broadest, most expert coverage available
- Encompasses types of addiction, as well as personality and environmental influences on addiction

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