



Understanding Stammering or Stuttering: A Guide for Parents, Teachers and Other Professionals (JKP Essentials)

Alison Whyte, Elaine Kelman

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Parents and teachers of children who stammer (or stutter) may see their child suffering with embarrassment, frustration or anxiety but feel at a loss as to how best to help.

This book explains the characteristics of stammering and uses illuminating first-hand accounts to demonstrate the common feelings of anguish experienced and provide clarity on what the child is likely to need in terms of support at home, school and in social situations. Packed with helpful advice for carers about how to build a child's confidence, it presents a variety of techniques and tips to alleviate the stammer and improve self-esteem and school performance.

This accessible resource will shed light on the perplexing nature of stammers, enabling those who care for children affected to find answers and get the best possible help.

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