

Public Health in Appalachia: Essays from the Clinic and the Field (Contributions to Southern Appalachian Studies)

Wendy Welch, Foreword by John Dreyzehner

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The Appalachian region of the United States sees hunger, poverty, disability, preventable illness and premature death in disproportionally high numbers. Yet, Appalachia also knows the quiet strength of people working together to lift one another up as a community. In this collection of essays, health professionals explore how clinics and communities address the barriers to healthcare that continue to plague this underserved region and discuss theoretical perspectives about Appalachian healthcare.

Topics include regional dental care, cancer and diabetes treatment, the integration of primary care and behavioral health, telehealth, the importance of "patient responsibility," and the effects of faith, fatalism and family dynamics on the health of Appalachian youth. Avoiding simplification and stereotype while presenting data, analysis and anecdotes, this volume gives a detailed picture of Appalachia's complex and multi-faceted public health challenges.



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