



# Write Every Day: a journal for building your Daily Writing Habit

*Heather Wright*

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## **Write Every Day: a journal for building your Daily Writing Habit** Heather Wright

The best way to reach your writing goals is to write every day. Research now says that it takes an average of 66 days to create a habit. Sixty-six days is a long time, but this journal is here to make sure you don't have to build your writing habit alone. Filled with daily writing prompts (and even a few images for those who like to color their way to creativity), this journal has been designed to help you develop your daily writing habit with 66 days of inspiration and encouragement. At <http://wrightingwords.com>, people write this about Heather's writing prompts: Hi! I just wanted to say that these are the most helpful prompts I've ever read! They don't tell you what to write about just things to spark ideas and it's fantastic. I sincerely hope you write more soon! I've been having writer's block and this helped a lot. I don't know what I would do without this website.

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