



# **The Smart Girl's Guide to Sports: An Essential Handbook for Women Who Don't Know a Slam Dunk from a Grand Slam**

*Liz Hartman Musiker*

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**A fun and accessible introduction to the wide world of sports**

For every woman who feels out of her league when her significant other spends nights glued to ESPN or when “the guys” talk sports at work, *The Smart Girl's Guide to Sports* is here to level the playing field. A crash course in football, baseball, basketball, hockey, golf, boxing, soccer, and car racing, this couch-side companion explains the basics of each game, profiles who's who, defines key terms, and arms readers with enough trivia to talk sports through extra innings. With this female-friendly handbook, sports-shy women everywhere can step off the sidelines and get into the game.

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