



Virtual Healer: How to Build a Multi-Six Figure Online Wellness Practice While Coaching in Your Yoga Pants

Summer Bock

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I've always wanted to be a mentor to health coaches, but I didn't feel right about it until I built my own successful multi-six figure online wellness practice for years in a row. I needed to know for myself that health coaching as a profession was truly possible and truly sustainable as a career. I experimented myself.

If I can do it, you can do it.

My bad habits and problems were a huge setup for failure. The only thing I had going for me was my authority complex. I hated being told what to do so I confronted my bosses and got fired many times and to this day this is what fuels me in moments of doubt. That was my only real strength taking the entrepreneurial leap.

Whether you are a seasoned wellness practitioner or fresh out of your certification program you can take these simple steps to start or ramp up your business online. If you run a brick and mortar practice and want to switch over to a virtual practice you will get clarity about that process within the pages of this book.

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