



More Than Medication: Incorporating Psychotherapy into Community Psychiatry Appointments

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This book addresses one of the major issues of community psychiatric practice: how to incorporate psychotherapy into the standard 15- to 30-minute appointment. Whether struggling with dual diagnosis or schizophrenia, a personality disorder or a mood disorder, posttraumatic stress disorder or death and dying bereavement issues, psychotherapy often is as integral a part of the patient's mental health as the prescribed medication. With contributions from psychotherapy experts across the field of psychiatry and through case examples, Drs. Gillig and Morrison share with the reader how to incorporate psychotherapy into psychiatric patient treatment plans, no matter what the diagnosis.

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