

Raising Martians - From Crash-Landing to Leaving Home: How to Help a Child with Asperger Syndrome or High-Functioning Autism

Joshua Muggleton

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Joshua Muggleton knows from personal experience what it is like to grow up feeling like 'a Martian marooned on planet Earth'. Now 22 and studying psychology at the University of St. Andrews, he combines his insights into what it means to have Asperger Syndrome (AS) with his scientific knowledge of the autism spectrum to write an invaluable guide for parents and teachers. Opening with the very basics of what autism is, Joshua covers mental health, sensory issues, obsessions and rituals, friendships and social situations, and shopping, travelling, and holidays, before tackling what is arguably the biggest challenge of any Aspie child's life: school - and with it, bullying, homework, and other challenges. Providing the inside track on Asperger Syndrome in childhood, he describes practical ways in which parents and teachers can help, and offers a wealth of advice and helpful hints and tips for approaching common difficulties. An essential guide for any parent or teacher wishing to understand and help a child with Asperger Syndrome or high-functioning autism, Raising Martians will take them from crash-landing to leaving home.

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