



Ching's Chinese Food in Minutes

Ching-He Huang

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If you're hungry for good food but short on time you'll love Ching's quick and easy Chinese recipes. The bestselling author is the master of fresh flavours and simple ingredients and her collection of all-time favourites and exciting new dishes are a delight to cook and share. Why order a take-away when you can deliver your own in minutes? With her bestselling cookbook, *Chinese Food Made Easy*, Ching quickly established herself as the new voice of Chinese cooking with her simple and delicious recipes. Ching's brand new cookbook is packed with quick and easy recipes that you can make in 30 minutes or less. Bursting with flavour, deliciously healthy and nearly always made with everyday supermarket ingredients, her new collection of authentic Chinese recipes is destined to become another kitchen classic. Ching's recipes are as varied as they are exciting and are a wonderful balance of all-time favourites, such as Sweet and Sour Pork, Chicken and Cashew Nut Stir-fry and Hot and Sour Soup, and exciting new authentic dishes such as Exploding River Prawns, Hunan-style Hot Pink Pepper Chicken and Chongqing Beef. For more special days when you have a little more time on your hands there is an Easy Entertaining section complete with menu suggestions and time-saving tips.

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