



The Secret Language of Eating Disorders: The Revolutionary New Approach to Understanding and Curing Anorexia and Bulimia

Peggy Claude-Pierre

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2 cassettes / 3 hours

Read by the Author

In The Secret Language of Eating Disorders, Peggy Claude-Pierre, founder of the world-renowned eating disorders program at the Montreux Clinic in Victoria, Canada, reveals her groundbreaking theories on the ultimate cure for anorexia and bulimia--illnesses that current medicine treats with little success.

Peggy Claude-Pierre developed her unique insights into eating disorders through successfully treating her own two anorexic daughters and hundreds of acutely ill patients--patients whom doctors had given up on. She became convinced that eating disorders stem from a complex negative mindset that frequently results in a slow process of self-destruction. It is Peggy Claude-Pierre's conviction that this mindset--and the resulting eating disorder--can be permanently reversed through a program based on unconditional love, regard, and positive reinforcement.

Peggy Claude-Pierre also offers the words of former patients whose stories of recovery serve as inspiration to victims, and their loved ones. Her message of hope is that eating disorders can be cured, not merely managed, and that deep within every person suffering from these illnesses is a loving, deserving soul who can and should be saved. As Peggy Claude-Pierre tells victims, "You are not failures at life, merely at understanding your own value." This powerful, compassionate AudioBook will revolutionize the way we think about eating disorders and their victims. It will literally save lives.

The medical or treatment suggestions provided in this program are offered for informational purposes only. Listeners should first seek the advice and guidance of their own physician or health care provider before adopting any of these suggestions.

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