



# Live Boldly: Cultivate the Qualities That Can Change Your Life

*Mary Anne Radmacher*

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## **Live Boldly: Cultivate the Qualities That Can Change Your Life** Mary Anne Radmacher

Mary Anne Radmacher has a way of inviting those who hear or read her words to change their lives, and in *Live Boldly*, she continues on that engaging path. In the book, she identifies an assortment of qualities for our life's journey and defines each as it relates to laughing loudly, loving truly, playing often, working smart, and sharing your heart. Each definition is followed by a quote, a poem, or an aphorism that explores the quality. Stories culled from Mary Anne's own life and teaching practice are followed by an invitation to readers to listen more closely to their lives, to give themselves what they need and to step back into their daily lives knowing they can choose in that moment, to live boldly by their own definition. Whether readers need or want justice or gratitude, endurance or celebration, comfort or challenge, the process is the same -- read and listen to the word, enter into its meaning in the lives of others and bring that meaning to your own life. Other qualities include generosity, compassion, leadership -- 34 in all!

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