



# Advanced Pressure Point Fighting of Ryukyu Kempo

George Dillman

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### **Advanced Pressure Point Fighting of Ryukyu Kempo**

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Advanced Pressure Point Fighting. Highly visual, easy-to-read! A great companion to Kyusho-Jitsu. Precise anatomical location of pressure points coupled with diagrams, and striking methods. Includes energy flow charts, how to use the meridians to your advantage for pressure point self-defense. Application of pressure point striking within kata or form, and how to find pressure point techniques within movements in your system.

"Dillman's theory will totally change the way future generations learn karate!" -- Black Belt Magazine



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