



Simply Sailing: A Different Approach to a Life of Adventure

Connie McBride

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Simply Sailing is the story of a young couple who sold their house, cars, and everything that wouldn't fit on a 34-foot sailboat, resigned from their jobs, and with three young sons, set off on a life of adventure. What they discovered will delight, entertain, and inspire readers to chase their own dreams, to find a solution to the problems that are holding them back, and to finally live. The McBrides show by example how easily one can eliminate stress, become more independent, spend more time with your children, and avoid the traps of commercialism. By simplifying their lives and taking an eco-friendly approach, this family wanders and explores for longer, rather than rushing to stop at the places on the list before the money runs out. Cruisers will learn how to change a trip into a lifestyle, raise their children in a safer environment, and instill values not based on the mighty dollar, while seeing parts of the world that many others will never experience. Simply Sailing offers lighthearted tales of the adventures and woes experienced by a sailing family. It includes tips for avoiding common pitfalls, simplifying your boat and life, and making a small boat a comfortable home. The stories and advice inspire would-be sailors to leave sooner, travel farther, and enjoy life more fully.

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