

## The Love Triangle: How To Heal from a Broken Heart (Hurt, Shame, Bitterness, & Betrayal)

Armani Valentino

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"It is my intent to help you heal from a broken heart. A broken heart can be devastating. It can cause one to lose the desire to live. It can also cause lack of ambition, loss of or increase in appetite, and numerous other destructive behaviors. Hopefully, the words that are on the pages in this book will be just the guide that you are looking for to help you heal from your broken heart." ~Armani Valentino

- ~Has someone broke your Heart?
- ~Did your wife, husband, or significant other betray you?
- ~Did the person you love, leave you?
- ~Are you still trying to get over a breakup from years ago?

In the follow up book to 99 Questions...Before Having SEX, Armani Valentino brings what he calls the "missing link" in relationship success when everything else seems so right. "Many people go from relationship to relationship and never ever heal," says Mr. Valentino.

By the end of this book you will be able to:

- ~Understand and recognize the difference between Love & Sex, and how not to get the two confused.
- ~Finally be able to For-Give, and know when you have really forgiven.
- ~Love without Limits
- ~Understand the LOVE Triangle® and how to use it to Heal from a Broken Heart
- ~Receive Love and Balance into your life & MORE!
- ~How your idea of Love keeps you brokenhearted

This book was actually supposed to be out before now, but I was distracted once I started writing and producing my first play. However, for my own life, the completing of this book was right on time. Why do I say that? While much of the book was written on experiences from the distant past, after going back to complete the book, my more recent broken heart was actually healed from this process once again. So, does it work? I would have to say, ?Yes!?

No matter how dark things may seem in your life, things will turn for the better if you change the focus. Learn from all and appreciate all that you have experienced in your life.



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#### **Brandon Phelan:**

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