



Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body

Susan Shumsky

Download now

[Click here](#) if your download doesn't start automatically

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body

Susan Shumsky

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body Susan Shumsky

Color Your Chakras is a fun activity book for adults and children alike.

The chakras are powerful energy centers located in your subtle body. Unknown to many people, these vortexes of life energy govern and regulate your physical body. According to the ancient Tantric and Vedic scriptures of India, there are 14 chakras--seven major ones along your spinal column, and seven others, most of which are located in your brain. Each chakra performs a specific function and is associated with discrete body parts and aspects of mind.

Each chakra (or "wheel") has a hub, where subtle energy conduits intersect; and spokes, which are radiations of subtle energy. Chakras are often likened to lotuses, and the radiations of energy are equated with lotus petals. The lotus petals on six of the seven major chakras comprise the entire Sanskrit alphabet, and the seventh major chakra vibrates all 50 letters of the Sanskrit alphabet.

Each left-hand page in *Color Your Chakras* includes a description and explanation of each chakra or chakra deity. Each right-hand page is an appropriate drawing. The explanations include information about the drawings and the specific colors that are mentioned in the scriptures of ancient India.

 [Download Color Your Chakras: An Interactive Way to Understa ...pdf](#)

 [Read Online Color Your Chakras: An Interactive Way to Unders ...pdf](#)

Download and Read Free Online Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body Susan Shumsky

From reader reviews:

Thelma Scott:

Reading can called mind hangout, why? Because when you find yourself reading a book specially book entitled Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body your mind will drift away trough every dimension, wandering in every single aspect that maybe unknown for but surely can become your mind friends. Imaging every single word written in a reserve then become one contact form conclusion and explanation that will maybe you never get before. The Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body giving you an additional experience more than blown away your thoughts but also giving you useful info for your better life on this era. So now let us present to you the relaxing pattern this is your body and mind will probably be pleased when you are finished studying it, like winning a sport. Do you want to try this extraordinary spending spare time activity?

Eleanor Hotchkiss:

Reading a book to get new life style in this year; every people loves to examine a book. When you learn a book you can get a lots of benefit. When you read books, you can improve your knowledge, since book has a lot of information on it. The information that you will get depend on what forms of book that you have read. If you want to get information about your study, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, this kind of us novel, comics, and also soon. The Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body provide you with new experience in examining a book.

Samantha Graham:

Many people spending their time by playing outside together with friends, fun activity along with family or just watching TV the whole day. You can have new activity to spend your whole day by reading through a book. Ugh, ya think reading a book can definitely hard because you have to use the book everywhere? It all right you can have the e-book, taking everywhere you want in your Smartphone. Like Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body which is having the e-book version. So , try out this book? Let's find.

Manuel Pina:

That guide can make you to feel relax. That book Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body was colorful and of course has pictures on there. As we know that book Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body has many kinds or variety. Start from kids until adolescents. For example Naruto or Investigation company Conan you can read and believe you are the character on there. So , not at all of book usually are make you bored, any it offers you feel happy, fun and rest. Try to choose the best book for you personally and try to like reading which.

**Download and Read Online Color Your Chakras: An Interactive
Way to Understand the Energy Centers of the Body Susan Shumsky
#OR5H2DU09SF**

Read Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky for online ebook

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky books to read online.

Online Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky ebook PDF download

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky Doc

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky Mobipocket

Color Your Chakras: An Interactive Way to Understand the Energy Centers of the Body by Susan Shumsky EPub