



The Top 10 Common Sex Mistakes We All Make

Trevor Clinger

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Are you a first timer, an expert, or a porn star in the world of sex? It doesn't matter, because sexual mistakes can happen at all levels. Sex is a great thing for the human body, and is the most powerful natural endorphin rush that the human body can achieve without consuming any substances. In saying this, I feel as if we should prevent ourselves from making mistakes that will prevent us from receiving a release of these endorphins. In this reading I have listed ten common mistakes that happen before, during, and after sex. I have learned these over the years through dating and word of mouth; and I wish to pass on this useful information to you. I am a certified personal trainer by the National Federation of Professional Trainers, certificate number 45582.



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