



Losing Myself

Jaime Maat

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Sophie Sullivan at the age of 29 begins a diary to keep herself accountable for her life. Overweight, jobless, and still living with her father, she realizes that her life needs to change. The diary tells the story of her trials and tribulations as she attempts to lose weight, find love, and gain maturity. She wants to believe in herself so that she can begin to live the adult life she wants and deserves.

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